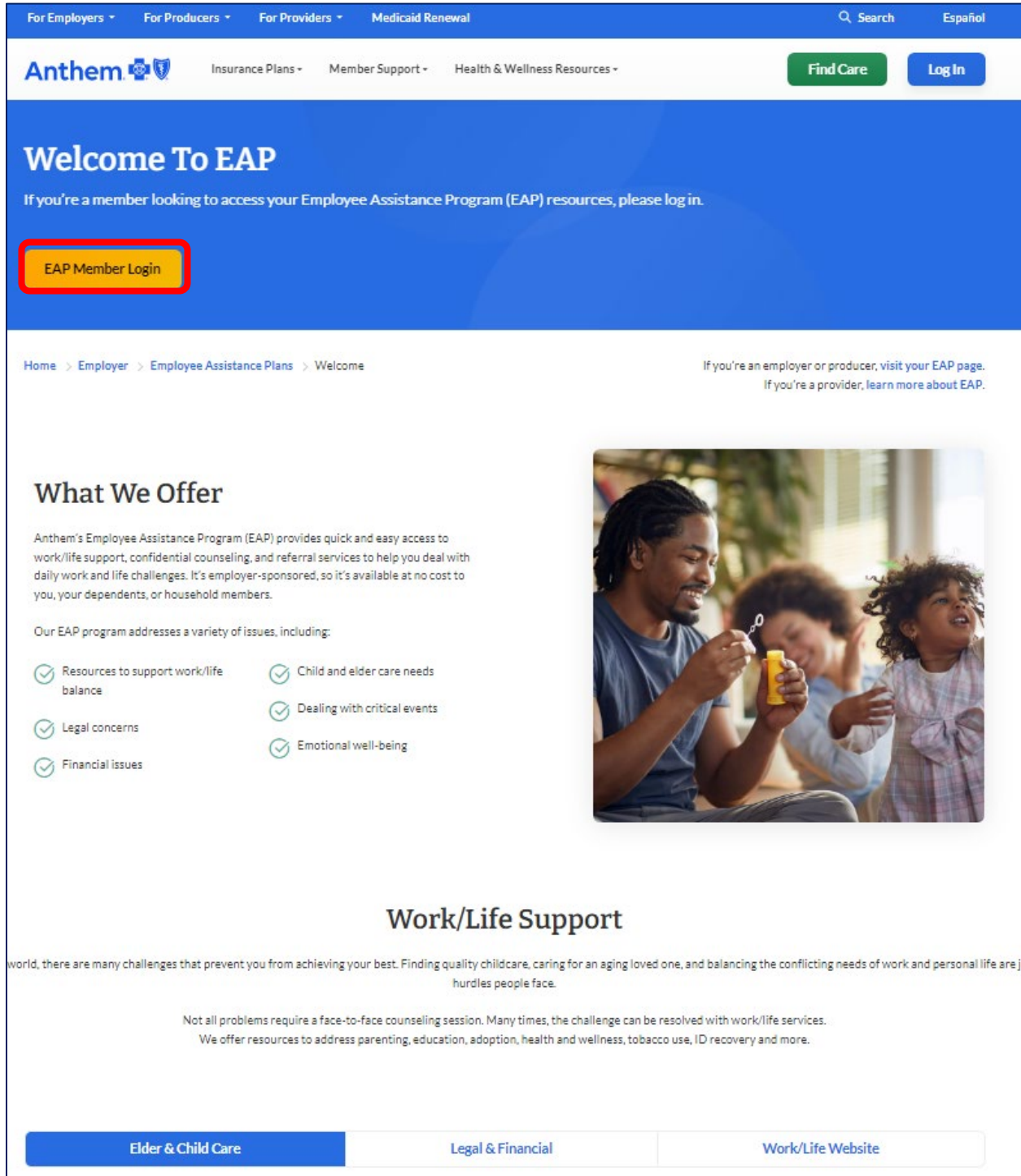




# How to Register for Learn to Live via Anthem EAP

Go to [www.anthemead.com](http://www.anthemead.com)



The screenshot shows the Anthem EAP website interface. At the top, there is a navigation bar with links for 'For Employers', 'For Producers', 'For Providers', and 'Medicaid Renewal'. A search bar and 'Español' link are on the right. Below this is the Anthem logo and navigation links for 'Insurance Plans', 'Member Support', and 'Health & Wellness Resources'. Two buttons, 'Find Care' and 'Log In', are on the right. The main header area has a blue background with the text 'Welcome To EAP' and 'If you're a member looking to access your Employee Assistance Program (EAP) resources, please log in.' A red box highlights the 'EAP Member Login' button. Below the header, there is a breadcrumb trail: 'Home > Employer > Employee Assistance Plans > Welcome'. To the right, there is a note: 'If you're an employer or producer, visit your EAP page. If you're a provider, learn more about EAP.' The main content area is titled 'What We Offer' and describes the EAP services. It includes a list of services: 'Resources to support work/life balance', 'Legal concerns', 'Financial issues', 'Child and elder care needs', 'Dealing with critical events', and 'Emotional well-being'. A photograph of a man, woman, and child is shown. Below this is the 'Work/Life Support' section, which discusses challenges in the modern world and offers resources for various issues. At the bottom, there are three buttons: 'Elder & Child Care', 'Legal & Financial', and 'Work/Life Website'.

**Anthem** 

Urgent Assistance 

# Welcome to your personalized EAP Website



EAP services are available to eligible members and their household. Log in to explore wellness, work/life, legal and financial information and resources.

To log in, enter your company name, or the login name provided by your employer, in the login box below.

Type "SISC" as the Company Name and Click Log In

If you would like more information about the site's confidentiality, please refer to the [Privacy Notice](#).

**Anthem** 



## Welcome SISC - Self Insured Schools of California

Phone : 800-999-7222

**LIVECONNECT**  
ONLINE

About Your Services | EAP Orientation | Feedback | Email the Expert

Choose Language    Advanced Search

Parenting | Aging | Balancing | Thriving | Working | Living | International

- Talkspace +
- Learn to Live +
- Let's Talk Depression +

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Go

Search

Go

Advanced Search

Parenting | Aging | Balancing | Thriving | Working | Living | International



FIND AN EAP PROVIDER IN THE MEMBER CENTER

Your self-service area to:

- Search for EAP counselors
- Confirm your first



Click the "Click here" link to get started.

- Your self-service area to find:
- Child Care
  - Adult Services



FINANCIAL AND LEGAL ASSISTANCE

- Quicken WillMaker & Trust
- Financial management tools

Talkspace +

Learn to Live -

Taking charge of your emotional well-being is within your reach. Learn how to develop resilience, reduce stress, and practice mindfulness at no cost to you.

Click here to take a quick assessment and choose the program that's right for you.

Let's Talk Depression +



SIGN IN EN

Welcome | Assessment | Choose Program | Confirm

## Emotional Well-being Resources

provided to you by



Change your mind. Change your life.™

GET STARTED

Click "Get Started".

Already registered? Click "Sign In" in the upper right corner to go directly to your program.

[View more information on our privacy policy.](#)

Taking charge of your emotional well-being is within your reach. With Emotional Well-being Resources, you have the support you need to develop resilience, reduce stress, and practice mindfulness.