

#### A. Schedule of Medical Benefits - PPO 80-M \$40 - Rx 200 10-35 Option

	NETWORK PROVIDERS	NON-NETWORK PROVIDERS			
Deductible, per Calendar Year					
The network and non-network deductible	The network and non-network deductible amounts accumulate towards each other.				
Co-payments, prescription drugs, and co-insurance do not apply to the deductible.					
Per plan participant \$3,000					
Per family unit	\$6,	000			

#### Family Unit - Embedded Deductible

If you are enrolled in the family option, your *Plan* contains two (2) components: an individual *deductible* and a *family unit deductible*. Having two (2) components to the *deductible* allows for each member of your *family unit* the opportunity to have your *Plan* cover medical expenses prior to the entire dollar amount of the *family unit deductible* being met. The individual *deductible* is embedded in the family *deductible*.

#### Maximum Out-of-Pocket Limit, per Calendar Year

The out-of-pocket limit includes co-payments, co-insurance, and deductibles.

The network and non-network out-of-pocket limits do not accumulate towards each other.

Per plan participant	\$4,000	Unlimited
Per family unit	\$8,000	Unlimited

#### Family Unit - Embedded Out-of-Pocket Limit

If you are enrolled in the family unit option, your Plan contains two (2) components: an individual out-of-pocket limit and a family unit out-of-pocket limit. Having two (2) components to the out-of-pocket limit allows each member of your family unit the opportunity to have their covered charges be payable at 100% (except for the charges excluded) prior to the entire dollar amount of the family unit out-of-pocket limit being met. The individual out-of-pocket limit is embedded in the family unit out-of-pocket limit.

The Plan will pay the designated percentage of covered charges until out-of-pocket limits are reached at which time the Plan will pay 100% of the remainder of covered charges for the rest of the calendar year unless stated otherwise.

#### NOTE: The following charges do not apply toward the out-of-pocket limit amount and are generally not paid by the Plan:

- 1. cost containment penalties
- 2. amounts over the maximum allowable charges
- 3. charges not covered under the Plan
- 4. balanced billed charges
- 5. prescription drugs
- 6. amounts paid by plan participants for non-network services

Benefits shown as co-payments and co-insurance are listed for what the plan participant will pay.

COVERED SERVICES	NETWORK PROVIDERS	NON-NETWORK PROVIDERS	SPECIAL COMMENTS
General Percentage Payment Rule	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	Generally, most covered charges are subject to the benefit payment percentage contained in this row, unless otherwise noted. This Special Comments column provides additional information and limitations about the applicable covered charges, including the expenses that must be pre-certified and those expenses to which the out-of-pocket limit does not apply.
Acupuncture	20% co-insurance, after deductible	50% of the maximum allowed amount, after <i>deductible</i> .	Calendar Year Maximum: twelve (12) visits.
Advanced Imaging	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	Non-Network Benefit Maximum: \$800 per test.  Includes Computed Tomographic (CT) studies, Coronary CT angiography, MRI/MRA, nuclear cardiology, nuclear medicine (including SPECT scans), and PET scans, excluding services rendered in an emergency room setting.  Pre-certification is required. Failure to obtain pre-certification may reduce benefits.
Allergy Services			
Allergy Testing	20% co-insurance, after deductible	Not Covered	
Allergy Treatment	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Serum is included.
Ambulance Service	then 20% c	lyment/trip o-insurance, eductible	Benefit Maximum: \$50,000 per trip for non-emergent air ambulance services when performed by a non-participating provider.  Pre-certification is required for non-emergent air ambulance. Failure to obtain pre-certification may reduce benefits.
Ambulatory Surgical Center	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	<b>Benefit Maximum:</b> limited to \$350 per day for non-emergency admission at a non-network provider.

COVERED SERVICES	NETWORK PROVIDERS	NON-NETWORK PROVIDERS	SPECIAL COMMENTS		
Applied Behavioral Analysis (ABA) Services					
Testing/Evaluation	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.			
Treatment	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.			
Chemotherapy Drugs/Infusions and Radiation Treatments	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.		
Chiropractic Treatment	20% co-insurance, after deductible	Not Covered	Covered services are subject to medical necessity review in excess of five (5) visits. If the service is medically necessary, the service will be automatically authorized.		
Diabetic Education	\$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .			
Diabetic Shoes	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	Calendar Year Maximum: two (2) pairs.		
Diagnostic Testing	20% co-insurance, after deductible	Not Covered			
Dialysis, Outpatient	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Non-Network Benefit Maximum: \$350 per visits.  Pre-certification is required. Failure to obtain pre-certification may reduce benefits.		
Durable Medical Equipment	20% co-insurance, after deductible Not Covered		<b>Pre-certification</b> is required for <i>DME</i> in excess of \$1,000 purchase/rental price. Failure to obtain pre-certification may reduce benefits.		
Emergency Room	then 20% c	yment/visit o-insurance, ductible			

COVERED SERVICES	NETWORK PROVIDERS	NON-NETWORK PROVIDERS	SPECIAL COMMENTS
Glasses or Contacts Following Cataract Surgery	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Benefit Maximum: the first pair of contact lenses or eyeglasses when required as a result of a covered medically necessary eye surgery.
Hearing Services			
Hearing Aids	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Benefit Maximum: \$700 per plan participant, per twenty-four (24) month period. This maximum includes the hearing aids (monaural or binaural), ear mold(s), batteries, cords, and other ancillary equipment.  Over-the-counter hearing aids in conjunction with prescription will be covered.
Hearing Exams (Non-Routine)	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	Services include visits for fitting, counseling, adjustments, and repairs for a one (1) year period after receiving covered hearing aids.
Home Health Care	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Calendar Year Visit Maximum: one hundred (100) visits network and nonnetwork providers combined.  Non-Network Benefit Maximum: \$150 per day. Pre-certification is required. Failure to obtain pre-certification may reduce benefits.
Home Infusion	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Non-Network Benefit Maximum: \$600 per day.  Pre-certification is required. Failure to obtain pre-certification may reduce benefits.
Hospice Care			
Hospice Care	0% co-insurance, deductible waived	All billed amounts exceeding the maximum allowed amount, after deductible.	Respite care limited to five (5) consecutive days per admission.
Bereavement Counseling	0% co-insurance, deductible waived	All billed amounts exceeding the maximum allowed amount, after deductible.	

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COVERED SERVICES	NETWORK PROVIDERS	NON-NETWORK PROVIDERS	SPECIAL COMMENTS		
Inpatient Hospital					
			Non-Network Benefit Maximum: \$600 per day.		
Physician Visits	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Inpatient services and supplies provided for hip replacement, knee replacement, and spine surgery must be performed by a designated Blue Distinction+ (BD+) hospital. No coverage if inpatient services and supplies are provided by a hospital that is not designated as Blue		
Room and Board	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Distinction+ (BD+).  Please refer to the Schedule of Blue Distinction Center+ (BD+) schedule of benefits for hip replacement, knee replacement, and spine surgery services covered under the Plan.  Pre-certification is required. Failure to obtain pre-certification may reduce benefits.		
Lab and X-Ray	20% co-insurance, after deductible	Not Covered			
LiveHealth Online	0% co-insurance, deductible waived	All billed amounts exceeding the maximum allowed amount, after deductible.	Telemedicine benefit provided through Anthem at www.livehealthonline.com.		

COVERED SERVICES	SERVICES NETWORK PROVIDERS NON-NETWORK PROVIDERS		SPECIAL COMMENTS	
Maternity				
Office Visits	***First Three (3) Visits: 0% co-insurance, deductible waived  After Three (3) Visits: \$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after deductible.	Non-Network Benefit Maximum: \$600 per day.	
All Other Services	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	***Limited to three (3) no charge visits all office visits combined.	
Labor and Delivery	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.		
Mental Disorders & Substar	nce Use Disorder			
Inpatient	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.	
Office Visits	***First Three (3) Visits: 0% co-insurance, deductible waived After Three (3) Visits: \$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after deductible.	***Limited to three (3) no charge visits all office visits combined.	
Outpatient	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Pre-certification is required for certain services within this category. Failure to obtain pre-certification may reduce benefits.	
Partial Hospitalization and Outpatient Intensive Day Treatment	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.	

COVERED SERVICES	VERED SERVICES NETWORK PROVIDERS		SPECIAL COMMENTS	
Office Visit				
Primary Care Physician	***First Three (3) Visits: 0% co-insurance, deductible waived  After Three (3) Visits: \$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after deductible.	only. All other services rendered during the <i>physician's</i> office visit are paid at the applicable benefit level.	
Specialist	\$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after deductible.	***Limited to three (3) no charge visits all office visits combined.	
Orthotic Appliances/Foot Orthotics/Prosthetics	20% co-insurance, after deductible	Not Covered	Calendar Year Maximum: two (2) pairs of custom molded orthotics. An additional two (2) pairs will be considered post-surgery if medically necessary.  Pre-certification is required for orthotics/prosthetics in excess of \$1,000 purchase price. Failure to obtain pre-certification may reduce benefits.	
Outpatient Surgery	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	The following outpatient surgeries are subject to a benefit limit if performed in an outpatient hospital setting:  Arthroscopy Benefit Maximum: \$4,500 per procedure.  Cataract Surgery Benefit Maximum: \$2,000 per procedure.  Colonoscopy Benefit Maximum: \$1,500 per procedure.  Upper Gl Endoscopy with Biopsy Benefit Maximum: \$1,250 per procedure.  Upper Gl Endoscopy without Biopsy Benefit Maximum: \$1,250 per procedure.  Upper Gl Endoscopy without Biopsy Benefit Maximum: \$1,000 per procedure.  Pre-certification is required for outpatient surgical procedures Pain management injections in excess of \$1,000 performed in an office setting also require pre-certification. All other office surgeries and screening colonoscopies do not require pre-certification. Failure to obtain pre-certification may reduce benefits.	
Post Aural Therapy	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .		

COVERED CERVICES	NETWORK PROVIDERS	NON-NETWORK	CDEGLAL COMMENTS
COVERED SERVICES	NETWORK PROVIDERS	PROVIDERS	SPECIAL COMMENTS
Retail Health Clinics	\$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after <i>deductible</i> .	
Routine Newborn Care	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	
		All billed amounts	Calendar Year Visit Maximum: one hundred fifty (150) days <i>network</i> and <i>non-network</i> providers combined.
Skilled Nursing Facility/ Extended Care	20% co-insurance, after deductible	exceeding the maximum allowed amount,	Non-Network Benefit Maximum: \$600 per day.
		after deductible.	<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.
Therapy Services			
Physical Therapy Occupational Therapy	20% co-insurance, after deductible	Not Covered	Following the first five (5) visits, all physical therapy and occupational therapy services are subject to <i>medical necessity</i> review. If the service is within the first five (5) visits per <i>plan participant</i> , per provider, the service will be automatically authorized.
Speech Therapy	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	
		All bills describe	Cardiac Rehabilitation Calendar Year Maximum: thirty-six (36) visits office and outpatient facility visits combined.
Cardiac Rehabilitation Pulmonary Rehabilitation	20% co-insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Following thirty-six (36) visits, additional visits are subject to medical necessity review and will be covered under the Plan if determined to be medically necessary.
			Cardiac rehabilitation is limited to phase one (1) and phase two (2).
Urgent Care	\$40 co-payment/visit	All billed amounts exceeding the maximum allowed amount, after deductible.	The co-payment applies to the urgent care visit only. All other services rendered during the physician's office visit are paid at the applicable benefit level.

COVERED SERVICES	NETWORK PROVIDERS	NON-NETWORK PROVIDERS	SPECIAL COMMENTS
PREVENTIVE CARE			
Routine Wellness Care	0% co-insurance, deductible waived	Not Covered	Services include routine physical exam, related labs and x-rays, immunizations, gynecological exam, pap smear, 2D and 3D mammograms, colorectal cancer screening, blood work, bone density testing, and shingles vaccine.
			Calendar Year Maximum: One (1) visit per adult <i>plan participant</i> . This maximum does not include the well woman visit.
			Preventive screening colonoscopies are subject to the dollar maximum as outlined in the Outpatient Surgery benefit if rendered in an <i>outpatient hospital</i> setting.
Breastfeeding Pump and Supplies	0% co-insurance, deductible waived	Not Covered	Benefit Maximum: One (1) breast pump per pregnancy. Breastfeeding support, supplies, and counseling. Breast pumps purchased over the counter are not covered.
Contraceptive Services	0% co-insurance, deductible waived	Not Covered	<b>Benefit Limitations:</b> Services are available to all female <i>plan participants</i> .

#### B. Schedule of Blue Distinction Center Benefits

The *Blue Distinction Center* requirement does not apply (services will be covered at the applicable benefit level subject to all other *Plan* provisions) if:

- 1. emergency or urgent surgery is medically necessary to treat a recent fracture
- 2. plan participants that are under the age of eighteen (18)
- 3. additional complications are present such as cancer
- 4. the *plan participant* has primary coverage with *Medicare* or another carrier
- 5. the plan participant lives outside of California

COVERED SERVICES	NETWORK CENTER OF EXCELLENCE/BL UE DISTINCTION CENTER	NETWORK	NON-NETWORK	SPECIAL COMMENTS
Bariatric Surgery	20% co- insurance, after deductible	Not Covered	Not Covered	Travel Benefit Maximum: \$3,000 per surgery for travel to a Blue Distinction Center/Center of Excellence or Blue Distinction+ (BD+) only. Limited to three (3) trips maximum - one (1) preoperative trip, one (1) surgery trip, and one (1) post-operative trip if necessary.  All other related services will pay at the applicable benefit level. Bariatric surgery services will be covered under the Plan at a Blue Distinction Center/Center of Excellence or Blue Distinction+ (BD+) Center.
				Pre-certification is required. Failure to obtain pre-certification may reduce benefits.
Cornea Transplants	20% co- insurance, after deductible	20% co- insurance, after deductible	All billed amounts exceeding the maximum allowed amount, after deductible.	Travel Benefit Maximum: \$10,000 per transplant for travel to Blue Distinction Centers/Centers of Excellence only. Travel will only be covered under the Plan when the plan participant's home is fifty (50) miles or more from the nearest Blue Distinction Center/Center of Excellence.
				<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.
All Other Organ Transplants	20% co- insurance, after deductible	Not Covered	Not Covered	Travel Benefit Maximum: \$10,000 per transplant for travel to a Blue Distinction Center/Center of Excellence only. Travel will only be covered under the Plan when the plan participant's home is fifty (50) miles or more from the nearest Blue Distinction Center/Center of Excellence.
				<b>Donor Search Limitation:</b> \$30,000 per transplant per <i>plan participant</i> .
				<b>Pre-certification is required.</b> Failure to obtain pre-certification may reduce benefits.

### C. Schedule of Blue Distinction Center+ (BD+) Benefits

The Blue Distinction+ (BD+) Center requirement does not apply if:

- 1. emergency or urgent surgery is medically necessary to treat a recent fracture
- 2. plan participants that are under the age of eighteen (18)
- 3. additional complications are present such as cancer
- 4. the plan participant has primary coverage with Medicare or another carrier
- 5. the plan participant lives outside of California

COVERED SERVICES	NETWORK BLUE DISTINCTION+ (BD+) CENTER	ALL OTHER PROVIDERS	SPECIAL COMMENTS
Inpatient Hip Replacement/Knee Replacement/Spine Surgeries	20% co-insurance, after deductible	Not Covered	Travel Benefit Maximum: \$6,000 per surgery. Travel will only be covered under the Plan when the plan participant's home is fifty (50) miles or more from the nearest hip replacement/knee replacement/spine Blue Distinction+ (BD+) Center.  Pre-certification is required. Failure to obtain pre-certification may reduce benefits.





### **Pharmacy Benefit Schedule**

### PLAN RX 200DED/10-35

Brand/Specialty Deductible\*\*

	WALK-IN				MAIL	
	Network		Costco		Costco	Navitus
Days' Supply*	30	90	30	90	90	30
Generic	\$10	N/A	FREE	FREE	FREE	N/A
Brand	\$35	N/A	\$35	\$90	\$90	N/A
Specialty	N/A	N/A	N/A	N/A	N/A	\$35
Out-of-Pocket Maximum \$2,500 Individual / \$3,500 Family						

SISC urges members to use generic drugs when available. If you or your physician requests the brand name when a generic equivalent is available, you will pay the generic copay plus the difference in cost between the brand and generic. The difference in cost between the brand and generic will not count toward the Annual Out-of-Pocket Maximum. Monies paid in the 4<sup>th</sup> quarter (October-December) towards the deductible are carried over to the next calendar year.

\$200 Individual / \$500 Family

#### **Mail Order Service**

The Mail Order Service allows you to receive a 90-day supply of maintenance medications. This program is part of your pharmacy benefit and is **VOLUNTARY**.

#### Specialty Pharmacy

Navitus SpecialtyRx helps members who are taking medications for certain chronic illnesses or complex diseases by providing services that offer convenience and support. This program is part of your pharmacy benefit and is **MANDATORY**.

For information regarding the Prescription Drug Program call or visit on-line: Navitus Customer Care 1-866-333-2757 (toll-free) TTY (toll free) 711 www.navitus.com

The Navitus Member Portal allows you to access personalized pharmacy benefit information online at <a href="https://www.navitus.com">www.navitus.com</a>. For information specific to your plan, visit the Navitus Member Portal. Activate your account online using the Member Login link and an activation email will be sent to you. The site provides access to prescription benefits, pharmacy locator, drug search, drug interaction information, medication history, and mail order information. The site is available 24 hours a day, seven days a week.

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<sup>\*</sup>Members may receive up to 30 days and/or up to 90 days supply of medication at participating pharmacies. Some narcotic pain and cough medications are not included in the Costco Free Generic or 90day supply programs. Navitus contracts with most independent and chain pharmacies; however, Walgreens is **NOT** a participating pharmacy in this network.

<sup>\*\*</sup>Deductible only applies to Brand and Specialty drugs. Copays apply only after the brand deductible is met.