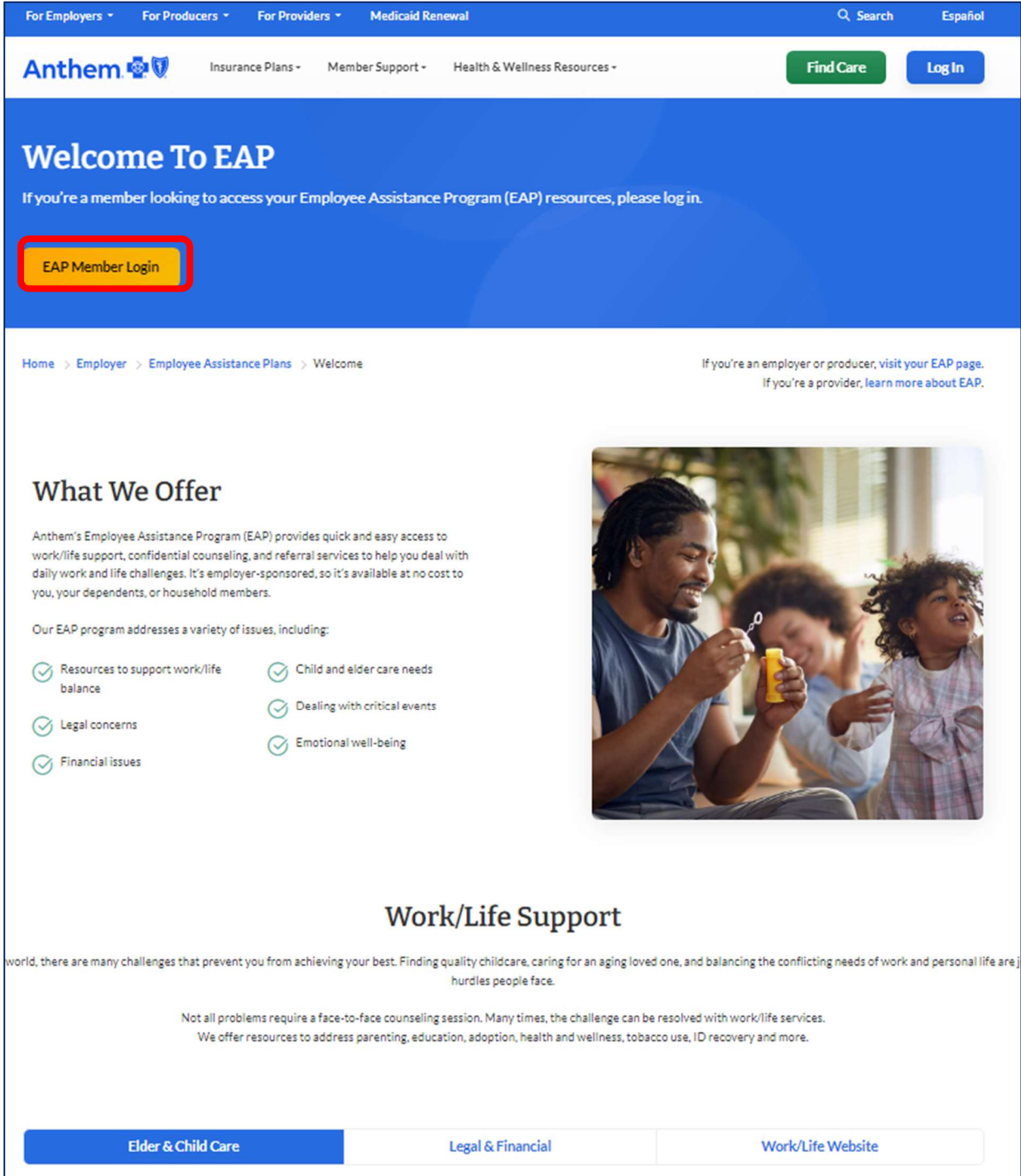


How to Register for Talkspace via Anthem EAP

Go to www.anthemead.com



The screenshot shows the Anthem EAP website interface. At the top, there is a navigation bar with links for 'For Employers', 'For Producers', 'For Providers', and 'Medicaid Renewal'. A search bar and 'Español' link are on the right. Below this is the Anthem logo and navigation links for 'Insurance Plans', 'Member Support', and 'Health & Wellness Resources'. A green 'Find Care' button and a blue 'Log In' button are also present. The main header area is blue and contains the text 'Welcome To EAP' and 'If you're a member looking to access your Employee Assistance Program (EAP) resources, please log in.' A yellow 'EAP Member Login' button is highlighted with a red border. Below the header, there is a breadcrumb trail: 'Home > Employer > Employee Assistance Plans > Welcome'. To the right, there are links for employers and providers. The 'What We Offer' section describes the EAP services and lists six categories of support: work/life balance, legal concerns, financial issues, child and elder care needs, dealing with critical events, and emotional well-being. A photograph of a family is shown to the right. The 'Work/Life Support' section discusses challenges in balancing work and personal life. At the bottom, there are three buttons: 'Elder & Child Care', 'Legal & Financial', and 'Work/Life Website'.

For Employers - For Producers - For Providers - Medicaid Renewal Search Español

Anthem Insurance Plans - Member Support - Health & Wellness Resources - Find Care Log In

Welcome To EAP

If you're a member looking to access your Employee Assistance Program (EAP) resources, please log in.

EAP Member Login

Home > Employer > Employee Assistance Plans > Welcome


If you're an employer or producer, visit your EAP page.
If you're a provider, learn more about EAP.

What We Offer

Anthem's Employee Assistance Program (EAP) provides quick and easy access to work/life support, confidential counseling, and referral services to help you deal with daily work and life challenges. It's employer-sponsored, so it's available at no cost to you, your dependents, or household members.

Our EAP program addresses a variety of issues, including:

- Resources to support work/life balance
- Legal concerns
- Financial issues
- Child and elder care needs
- Dealing with critical events
- Emotional well-being



Work/Life Support

world, there are many challenges that prevent you from achieving your best. Finding quality childcare, caring for an aging loved one, and balancing the conflicting needs of work and personal life are just some of the hurdles people face.

Not all problems require a face-to-face counseling session. Many times, the challenge can be resolved with work/life services. We offer resources to address parenting, education, adoption, health and wellness, tobacco use, ID recovery and more.

Elder & Child Care Legal & Financial Work/Life Website

Welcome to your personalized EAP Website

EAP services are available to eligible members and their household. Log in to explore wellness, work/life, legal and financial information and resources.

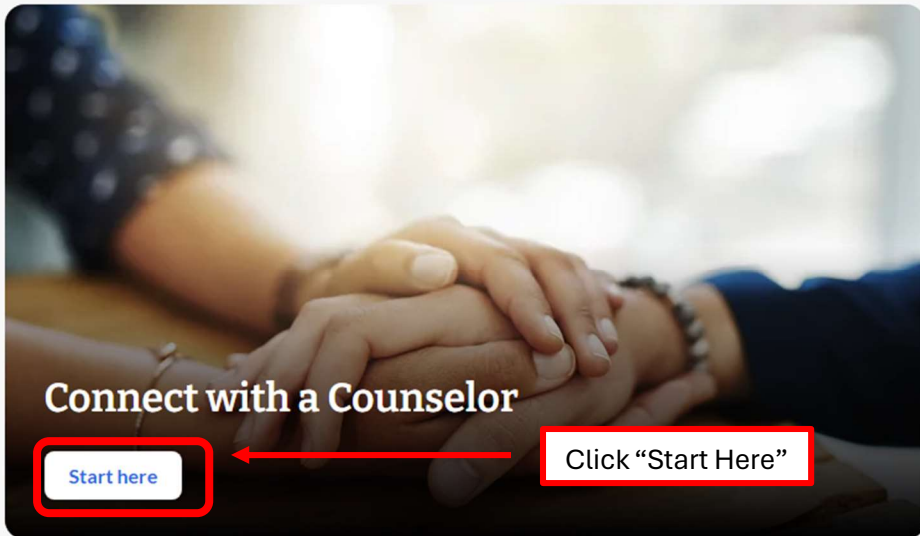
To log in, enter your company name, or the login name provided by your employer, in the login box below.

Type "SISC" as the Company Name and Click Log In

If you would like more information about the site's confidentiality, please refer to the [Privacy Notice](#).

Welcome to your SISC - Self Insured Schools of California- Employee Assistance Program (EAP)

How can we help you?



Connect with a Counselor

Click "Start Here"



Legal Resources 



Financial Planning 

Taking charge of your well-being is within your reach.

Get connected to a mental Health Counselor

Choose an option below to connect with a mental health professional for counseling, assistance, and access to resources for a variety of concerns.

Telehealth options

In-person options

Explore these telehealth options to get started:



LiveHealth Online

Anthem EAP offers employees and their household members LiveHealth Online counseling visits with a psychologist or other licensed mental health professional.

Learn more



Talkspace

Text, audio and video messaging with a therapist anytime (ages 13+).

Visit portal

Click the "Visit Portal" link to register with Talkspace.

The screenshot shows the Talkspace registration page. At the top left is the Talkspace logo, and at the top right are links for "How it works", "Safe & secure", "FAQ", "Contact", and "Log in". The main heading is "Welcome to Talkspace". Below this, there is a paragraph of introductory text. A red box highlights the text "Click the 'Get Started' button." with an arrow pointing to a dark green "Get Started" button. Another red box highlights the text "Please enter the letters 'EAP', a space, and your company code in the 'Organization Name' field to access services." with an arrow pointing to a text input field. At the bottom, there is a paragraph of fine print regarding EAP counseling limitations.

Let's verify your information

To verify your coverage and cost, please enter your information below.

First name

First name

Last name


Last name

Date of birth

MM/DD/YYYY

Phone number

 (000) 000-0000

Let us know who you are 

Select

Organization name 

EAP SISC

Use "EAP SISC" as the Organization Name.

How did you hear about us? 

Select

Email 

Email

I verify that the above statements are truthful and I am eligible for this benefit or an eligible family member.

Continue

Talkspace is committed to protecting your privacy and follows HIPAA, state and federal laws.

Welcome to Talkspace QuickMatch™

In the next 90 seconds you'll learn everything you need to know about how Talkspace works and get matched with a provider that can help you.

Let's start!